

HELENE TARDIF

Actor - Writer - Director

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Member of AACTA and MEAA



SKILLS

Versatile, instinctive creative, improviser, dedicated to her craft, French

ACHIEVEMENT

Played lead role in multiple short films and stage play

Minor role in The Clearing and independent features

1st AD for upcoming feature films with award winners directors

Director of two short films

Finalist of writing festival with her play Mrs Bin

Finalist at Avignon theatre festival 1995

FILM & TELEVISION

2025 Pasa Faho - Yrsa - Dir Kalu Oji

2024 To - Charlotte - Dir Faezeh Alavi

2023 The Clearing - Colette - Dir Gracie Otto

2021 SAHAANA - Angel - Sahaana production, Dir Tarak Sidhartha

2021 The Industry - Maria - Emerald Swan production Dir Luke Paramanathan

2011 Elevator story - Virginie (lead) - Dir Stephane Jaunaut

SHORT FILM & VIDEO

2025 Fanal - Camille - Sophie Seyd - TISCH Grad film

2025 Good intentions (Post prod) - Lea Wagner (Lead) - Helene Tardif

2024 Locked - Jacqui (lead) - Mia De Rauch - Flip switch media

2024 In the trees - Jo - Dir Andy LayClark (VCA)

2023 I dreamt I was a butterfly - Amanda (lead) - Dir Alekh Chapman (VCA master)

2023 Paper gloves - Mother (supporting) - Dir John Orcsik

2022 Miller - Helene - Dir Linus Tolliday (VCA)

2021 At the end of the day - Mum - Left sock Pictures Dir Lukas Yannoutsos

2021 Hangover - Worker (lead) - Dir Linus Tolliday (VCA)

2021 I wanna be famous - Protestor -Little train Productions Dir Bronny Lane

2021 Time Goddess - Bambi (lead) - David Black Productions Dir David Black

2019 Copains copines - Florence - Pearson edition

1995 Rien ne va plus - Croupiere - Daniel Cottard Productions Dir Daniel Cottard

THEATRE

2025 NOW - X - Dir Marion Arditti - Writer Helene Tardif

2025 Napoleon with love - Napoleon - Robert Reid

2024 Mrs Bin - Mrs Bin (lead) - Dir Marion Arditti - Writer Helene Tardif

2024 - 2025 MacBeth - Lady MacBeth - Eagles Nest Company - The Malthouse tower

2024 Oedipus - Jocasta - Eagles Nest Company - The Malthouse tower

2023 - Present - MacBeth, Oedipus, Medea, multiple modern Australian plays - Lady MacBeth, Acosta, The nurse, multiple roles - Dir James Adler

2022 Attempt on her life - Ensemble - Meat market, Geelong mall - Angelica Clunes & Samuel Bolt

2022 Black rock - Diane - Dir Olivia Staff

2021 Improv Pit - The Harold team - The red lantern Club Dir Anders Gamboni

2021 The invisible sword - Um Barhoum - The Thespian Theatre Dir Glen Kalem

2009 Madame Marguerite - Madame Marguerite - Bar me (Sydney)

2004 - 2006 Multiple plays - Forum theatre - Theatre de Jade Dir Lorette Cordrie

2002 La nuit a l'envers - Lola (lead) - Theatre de Nesles Dir Delphine

2001 Celui qui a dit non - Churchill interpret - Robert Hossein Productions Dir Robert Hossein

1999 Jesus - Ensemble & Marie understudy - Robert Hossein Productions Dir Robert Hossein

1996 Le songe d'une nuit d'été - Titania - Dir Nathalie Chemelny

1995 La maison d'os - Clarisse (lead) - Dyonisos Productions Dir Yves Carlevaris

1994 Toi et tes nuages - Ernestine (lead) - Theatre de Montrouge

VOICE OVER

2019 Copains copines - Multiple voices - Pearson edition

2019 Escape from Pretoria - the grand mother (French dubbing) - Dir Francis Annan

DIRECTOR & 1st ASSISTANT DIRECTOR

2025 Good intentions Writer, Actor, Director

2024 Auntie - (Pre prod) - Lady of the light prod Dir and writer Helene Tardif

2024 You don't know me - short film - Dir and writer Helene Tardif - AACTA contender

2023 To - (Festival run) - 1st AD - Dir Faezeh Alavi

2023 Samoa deal - (post prod) - 1st AD - Dir Jordan Moir

2023 Sunny's mansion - (post prod) - 1st AD - Dir Herman Perrera

WRITING

Mrs Bin - Play - Finalist at Cracked Actor summer reading 2022

NOW - Play

Auntie - Feature drama

Shark Blood - Feature thriller

You don't know me - Short film absurd

Lollipop - Short film drama

Star doom - Short film absurd

Good intentions - Short film Drama

TEACHING

2024 - Conducting creative workshops at The Malthouse Tower for Eagle's Nest

EDUCATION

2024 - 2025 Sydney actors collective on going training with Chum Ehelepola

2023 - 2024 Creative Writing Kristy Sexton - Brisbane, QLD

2023 Compelling Characters Greg Apps - The Audition Technique 2023 - 2024 Acting Kristy Sexton - Brisbane, QLD

2021 - 2024 Multiple workshops - Thea McLeod, Cinzia Coassin, Paul O'Brien, Scott Major

1991 - 1993 Charpentier Art Studio Paris

Fun fact

Passionate about creating new recipes and seeing people enjoying them. I have a dream of supporting better food education in Australia, especially with well organised canteen offering proper meals to students in a healthy environment.