

SOPHIE DOUGLAS

TRAINING

- *Victorian College of the Arts* (BFA Theatre), 2019- 2021
- *Improv Theatre Sydney* Actors Accelerated, Level 3 and 4, 2023
- *Captain Starlight* (Sydney Children's Hospital) 2023 - Ongoing

THEATRE

2024

- "**Maybe A Miracle**" NSW/QLD, (Sooz, Mum, Rosie, Miss Smith), Echelon Productions Tour.
- "**The 39 Steps**", Blinking Light Theatre Company, Sydney, NSW, (Clown 2) Dir. Dany Akbar
- "**Cage Fight Grand Final**", Sydney, NSW, (Improvise), Sydney Comedy Festival
- "**The Morning Show**" Sydney, NSW, (Improvise), Annaliese Shaw and Mike Crowley
- "**Improv Australia and Improv Theatre Sydney Presents Improvisational Brilliance with Sydney's Brightest**", Sydney, NSW, (Improvise), Jestika Chand, Improv Australia.
- "**Scared Scriptless**" Sydney, NSW, (Improvise), Improv Australia.
- "**Scared Scriptless Cup Grand Finals**" Sydney, NSW, (Improvise), Improv Australia.
- "**Old School VS New School Theatresports**" Sydney, NSW, (Improvise), Improv Australia.

2023

- "**Tough Titties**" *Femeraki Festival* Sydney, NSW (Sketch Actor) Dir. Kristelle Zibara & Renae Valastro, Queen Hades Productions.
- "**Titanic: The Movie, The Play.**" Sydney, NSW (Lovett/Lee) Dir. Natalie Bochenski.
- "**Scared Scriptless**" Sydney, NSW, (Improvise), Jestika Chand

2021

- "**Dead Serious**" Victorian College of the Arts, Melbourne, VIC (Yovanka) Dir: Company 21.
- "**Low Hanging Fruit**" Victorian College of the Arts, Melbourne, VIC (Duchess) Dir. Rinske Ginsberg & Colin Sneesby.

Cactus" Victorian College of the Arts, Melbourne, VIC (Spencer) Dir. Jason Maling.

2020

- "**Whale Fall**" Zoom, VIC Dir. Jolyon James.
- "**Love Speed**" Zoom, Singapore, (Emma) Dir. Andre Chong

2019

- "**Onomatopoeia**" Melbourne Fringe Festival, Melbourne, VIC (Glitter Girl) Dir. Abigail Bannister-Jones.
- "**Good Boy**" Discord Festival, Melbourne, VIC (Boy) Dir. Bronte Locke.

2018

- "**All Stars Theatresports**" Enmore Theatre, Sydney, NSW.
- "**Rhinoceros**" The Art Gallery of NSW, (Berenger), Sydney, NSW.

FILM

2019

- "**A Cautionary Tail**" Melbourne, VIC (Agnes) Dir. Caitlin Soennichsen.

AWARDS/SCHOLARSHIPS

- *Irene Mitchell Award for Theatre*, Victorian College of the Arts, Melbourne, VIC.
- *Best Supporting Actress* Union House Theatre Awards, Melbourne, VIC.

WORKSHOPS/RESIDENCIES

2021

- "**The Bendigo Studio**" Arena Theatre Company, Bendigo, VIC
- "**PuppetLAB**" A Blanck Canvas, Melbourne, VIC

2023

"**Series 7**" Les Chantry Studio, Sydney, NSW

2024

"**Born Writers Award workshop with James Elazzi**", Sydney, NSW