Effie Nkrumah, also known as Benumah, is an interdisciplinary artist of Ghanaian descent brought up in Sydney, Australia on Gadigal, Darug and GuriNgai countries.

She has worked creatively between Sydney, Accra, and New York since 2012 granting her a unique sense of humour, aesthetic, keen observation and skills.

She is the voice of Astra, the first and only Ghanaian/African agent in Valorant, a popular, free to play video game by League of Legends creators, Riot Games.

Aside from performing, she has spent 9 odd years choreographing, performing in and stage-managing over 20 productions for Ghana's leading Theatre Company Roverman Productions, whilst writing poetry, radio theatre voiceovers and more. She is a multi-skilled, and charming performer with fantastic improvisational and comedic skills.

In May of 2017 she graduated from New York University's Tisch School of the Arts with a Masters in Arts Politics.

Her artistic practice relies on memory, theory, the archive and a drive to inspire. She is driven by the concept of "challenging the single story" of Africa through continental Africans in diaspora and their experiences. She thinks and writes about the concept of Blackness, the constructs of race and how they shape a life, creating work that is entertaining, aesthetically pleasing and discussion prompting.