Born of Lebanese descent, Rose is a Sydney-based actor who loves all things creative and has a tendency to get buried in books. She often spends her free time in various arts and crafts, singing, or dancing.

Driven by her love of acting, Rose spent her teenage years attending multiple high schools to continue training in drama.

Rose continued to hone her acting abilities by studying an Advanced Diploma of Screen and Media at Sydney Actors School. She worked with creatives such as Garth Holcombe, Pip Edwards, and Lyn Pierse. During her time there, she performed in Little Girls Alone in the Woods (dir. Kim Hardwick), Face to Face (dir. Felix Williamson), and Metamorphoses (dir. Andrea Demetriades).

Empowered by her family's love and support, Rose draws on that foundation to pursue thought-provoking storytelling that resonates with audiences.