Born in Paris and scouted while studying at the Sorbonne, Florence Mezzara trained in the Meisner technique, jazz and contemporary dance, and later at NIDA under Sam Worthington.

Her feature debut in Ariel Kleiman's *Partisan*, opposite Vincent Cassel and premiering at Sundance, introduced her as a nuanced and compelling screen presence. The role offered her the chance to explore the resilience and vulnerability of women balancing survival and motherhood.

She has continued to refine her craft through workshops in Lee Strasberg and Larry Moss techniques, as well as roles in independent productions that allowed her to explore both dramatic and comedic registers.

She appears most recently as Sad Eyes in George Miller's *Furiosa, a Mad Max Saga*. With a background in anthropology, extensive international experience, and movement training, she brings depth, sensitivity, and a grounded emotional honesty to her work.