

Mary Soudi is an Australian actress, born in Zanjan, Iran, to Persian parents. As a young child, she and her family immigrated to Perth, Australia, where she grew up before eventually moving to Sydney. Mary attended Curtin University, where she graduated with a Bachelor of Arts degree majoring in Performance.

In 2020, Mary appeared as series regular Helena Darvish in the second season of the critically acclaimed ABC series *The Heights* (Matchbox Pictures and NBC) alongside Phoenix Raei, Shari Sebbens, and Roz Hammond. Premiering in 2021, Mary will be seen in the Amazon Prime Original series *Back To The Rafters* (Amazon Studios and Seven Studios) alongside Rebecca Gibney and Georgina Haig.

Currently showing at film festivals internationally, Mary is seen in the award-winning independent horror film *An Ideal Host* (Sandbox Productions), for which Mary was the recipient of a Best Supporting Actress Nomination at the 2021 Jury Awards at Nevermore Film Festival (2021, US and International).