Talia Kuo began dancing at the age of 5, training in Ballet, Jazz, Hip Hop, Tap and Musical Theatre. She then went on to further her training at Urban Dance Centre, the Village Performing Arts Centre and completed her Certificate IV in Dance at Brent Street in 2014, under the instruction and guidance of some of Australia's leading choreographers and visionaries.

Since, Talia has performed at various events both within Australia and internationally, including the Sydney Hair Expo (2015 and 2019), HSBC's 150th Anniversary Gala in London and Hong Kong (2015) and for Canon Australia at Vivid Festival Sydney (2017). She is grateful to have had the opportunity to perform alongside a number of Australian artists, working closely with a multitude of well-respected creative directors. Some recent highlights include appearing in the film clips for Heart People's "Homecoming," Elk Road's "Hanging On A Thread" and Guy Sebastian's "Choir." Further, she has performed with the internationally acclaimed singer-songwriter and rapper Tkay Maidza at the 2017 APRA Awards and assisted some of Australia's most well known choreographers Matthew Gode and Leah Howard on TVCs and corporate events.