

Since graduating from NIDA in 1986 Bruce has had a huge range of acting roles on stage and screen. He has also accumulated considerable experience as a corporate trainer and executive coach.

Bruce was born in England and emigrated to Australia as a boy, so his natural accent is a hybrid of English and Australian, but he has played characters from New York, Liverpool, London, and Perth.

Having spent a year in the USA, another couple of years back in the UK, and made several trips to the Continent, China, Kuala Lumpur, Singapore and Hong Kong, Bruce has worked in every continent except the Antarctic.

He finds his more recent experience as a conversation coach, and as a specialist in assisting people to develop their presentation skills (online and face to face) have benefited his acting.

His approach and preparation for roles has been further deepened by his meditation practice.

Here is how he describes his daily preparation technique:

"The longer I am around, the more I realise that all disciplines lead to the same conclusion: the art of acting, like so many practices, is about the ability to remain both focussed and relaxed, engaged and at ease, aware and calm. To be ready, you do whatever it takes on a day-by-day basis to remain fit, physically, mentally and spiritually. Acting requires all of these components to be intact and coherent. Therein lies the intent, the challenge, the reward and the fun."