

Born in Boston Massachusetts USA, I began my acting career in 1995 by accident. At the time I was a junior martial arts instructor at the Boston Kung Fu Tai Chi Institute, which is one of the leading martial arts studios on the East Coast. The head instructor received notice that the movie " The Next Karate Kid" was shooting in Boston and was looking for martial artists. I had no interest in going but went for fun. I was chosen for a part in the film and received my SAG card on the spot. While shooting the film I discovered my true calling to the craft of acting and changed my career path accordingly.

During the next few years I trained vigorously in martial arts, took dance lessons and acting classes. All the hard work paid off, as over the next 2 years I was featured in the Boston City Ballets production of the Nutcracker Suite as The Rat King, won 2 Silver and 3 Bronze medals awarded by the United States Wu Shu/ Kung Fu Federation in weapons, forms & full contact fighting competitions, and appeared in almost every major motion picture shot within a 100 mile radius of Boston. (Good Will Hunting, The Spanish Prisoner, In Dreams & Amistad).

In 1998 I relocated to Los Angeles California to pursue my acting career full time after exhausting all the avenues in Boston. Upon arriving in LA I realized that I needed training specifically tailored to working in television and film, so I took several classes over the next few years. In 2003 I began studying the Stanislavski method with John Sarno, (the protege of Lee Strasberg). In 2005 I switched to the Meisner method at the Joanne Baron/D.W. Brown studios and completed an intensive 2 1/2 year program. In May of 2005 I got married to my long time sweetheart from Australia and became a resident. I traveled to Sydney and instantly fell in love with the country. Later that year when I returned to the States I booked a co-starring role as Antwon on the award winning show "The Shield", and starring roles in the award winning films "The Gun" and the indie film "The Pact."

Between 2007 and the present I've booked a national commercial for Burger King and appeared on the longest running soap in the US, "General Hospital". I have also completed my first screen play entitled "The Art of Seduction" A comedy which is based on a true life story depicting how I was conned into becoming an exotic dancer and almost ended up in federal prison.

I am a well trained and seasoned actor from Los Angeles who lives by the philosophy that "I am the master of my own destiny, my successes and failures are by my own hand, I and I alone have the power to make it happen." I look forward to continuing my artistic journey working in Australia as well as the US.
Cheers.