

Hello and welcome to my bio!

My name is James, I'm 28 years old and have been a student of acting for three plus years. My main training has been in the Meisner technique which has allowed me to learn a great deal about myself and get out of my head, putting my attention on the people around me and be in the moment with the people I'm with, enriching all of our experiences.

A quick tidbit of my history before acting. Graduated university in Physiotherapy in 2014, hated it! Floated around in different startups for a few years until I took a holiday in Canada where I ended up living and working off the grid as a mountain hunting guide for a year (think snowy peaks, planes and Moose, and a mighty beard).

Me now, I focus on training acting and offering my best service as an actor. When I'm not doing that, I'm riding my motorbike, lifting weights and demolishing anyone who dares challenge me at board games. Do it. I dare you.