

# DAI MORET

Actress | Poet | Performer

Date of Birth: 5th May 1982

Nationality: Brazilian / Australian Citizen

Languages: English, Portuguese

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Representation: Actress - Suzie Steen. Creator - Silverfox Management

## Profile

Dai Moret is a Brazilian-born, mixed-race actress with over 15 years of theatre training across Brazil and Australia, now focused on film and television. She has a strong foundation in theatre, with short courses at NIDA, Actors Centre Australia, AMAW Sydney and the Clown Institute. Dai is currently studying the Meisner technique and screen at Actors Pulse, deepening her on-screen craft and naturalistic performance. Her work is grounded in a deep understanding of human behaviour, shaped by her background in psychology and supported by physical awareness developed through theatre and movement training.

Alongside her acting, Dai is an established performance poet and live performer. She is a two-time Bankstown Poetry Slam Champion - one of the few poets to achieve this twice - and the resident poet for the Latin jazz band Ally. She has performed at major festivals including Sydney Writers' Festival, Vivid Sydney and the International Women's Jazz Festival. Dai brings a grounded, instinctive presence to her work, with a focus on emotionally truthful performances for screen.

## Theatre, Film & Television

Predileção — Dir. Márcio Garcia, Brazil (2009)

Absence — Grace, Sydney (2011)

Underbelly: Badness — Sydney (2012)

## Theatre & Live Performance

Yerma — Lead (Yerma), Brazil (2000)

Car Cemetery — Lead (Liz), Brazil (2001)

Sex — Lead (Vadinha), Brazil (1999)

The Fear Mask — Lead (Anne Frank), Brazil (2003)

Hamlet — Horatio, Brazil (2004)

Love Me Forever or Never — Lead (Clara, 2009)

It's Impossible to Love and Be Happy — Lead (Vanda, 2009)

The Man Who Knew Javanese — Cleonice (2010)

Flavia — NIDA Student Production, Sydney

Paula — Darlinghurst Theatre / Darlo Drama, SydneyPoetry & Spoken Word

Two-time Bankstown Grand Slam Champion (2018, 2022).

Resident Poet – Ally Latin Jazz Band.

Host & Poet – Sultry Solstice Erotic Poetry Event.

Featured Performer – Sydney Writers' Festival, Vivid Sydney, Story Week,

Melbourne Spoken Word Festival, International Women's Jazz Festival, Boom Percussion Festival, Mudge Readers Festival, Poetic City - Canberra & more. Published in Australia, Brazil, Portugal, Cordite, Belonging Mag, Alphabet of Women Anthology and Epistolária.

## **Current Projects**

Founder & Host: Sultry Solstice - an erotic poetry event celebrating diversity and intimacy in performance.

Resident Poet & Recording Artist: Ally Latin Jazz Band - featured poet on the album Drum Junk 2023.

Poet & MC: Word Travels / Australian Poetry Slam.

Performer: Deliver'art - multidisciplinary ensemble.

Writer: Sweatshop Western Sydney

## **Training & Education**

Bachelor of Psychology - Brazil

Theatre Training: 15+ years in Brazil and Australia

Short Courses and workshops: NIDA, Actors Centre Australia, Improv School Sydney, AMAW Sydney, Clockfire Theatre, Bouffon immersion at the Clown Institute.

## **Current**

Clow: Clown Institute

Acting: Actors Pulse

Screen: Actors Pulse