



Lauren Jones

TKO Management
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LOCATION: Adelaide, Australia
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HEIGHT: 167cm
CHEST: 78cm **WAIST:** 65cm
HIPS: 96cm **SHOES:** 8

THEATRE

2026	<i>No Exit*</i>	Estelle (Lead)	Rotpunkt
2025	<i>The Mallee Ward</i> (Development)	Amber (Lead)	Tiffany Lyndall-Knight
2025	<i>The Last of the Rainbow</i> (Reading)	Diane/Karl (Supporting)	Chris Drummond
2025	<i>Club Rotpunkt 1*</i>	Woman (Supporting)	Rotpunkt
2023	<i>My Brilliant Career</i> (excerpts)	Sybylla (Lead)	Glenda Linscott
2023	<i>The Five Trials of the Queen's Stage</i>	Devisor & researcher	Christopher Hurrell

FEATURE FILM

2025	<i>It's All Going Very Well No Problems at All</i>	Woman with Baby (Bit)	Tilda Cobham-Hervey
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SHORT FILM

2025	<i>Chokeberries</i>	Flick (Supporting)	Kristoffer Lucia
2024	<i>Welfare</i>	Welfare Officer (Lead)	Lachlan Berry
2024	<i>Empty Chairs: Ellie Finds a Partner*</i>	Ellie (Lead)	Kristoffer Lucia
2023	<i>Best Friends Forever...*</i>	Rianna (Lead)	Kristoffer Lucia
2023	<i>Mission Operation Protocol: Lovers' Quarrel II*</i>	Chloe (Supporting)	Kristoffer Lucia
2023	<i>Edward Has a Tree Inside Him</i>	Nurse (Supporting)	Kristoffer Lucia

VOICEOVER

2025	<i>Soil – Ambisonic Audio Performance</i>	Lauren (Lead)	Sean Williams
2025	<i>Minda Brand Film</i>	Social media & website	Fuller
2024	<i>Statesman Homes – Inspired Living Collection</i>	Radio	Martins Brand House
2024	<i>RAA Roadside Assist – Wedding Wipeout</i>	Radio	KWPX

*also as producer

TRAINING

2024	Louise Heesom	Screen Acting Masterclass Workshop
2024	Lucy Gaffy	Working with Actors Workshop
2020-2023	Flinders University	Bachelor of Creative Arts (Drama) and BCA Honours First Class
2023	Emma Beech	Devising Workshop
2023	Emily Steel	Playwrighting Workshop
2021	Roz Hervey	Devising Workshop

PRODUCING

With Adelaide theatre collective [Rotpunkt](#), Lauren has produced three plays (*Hideous Man* development 2026; *H*, 2024; *No Exit*, 2026), two one-night events (*Club Rotpunkt 1* & *Club Rotpunkt 2*, 2025).

Lauren also works as a producer, 1st AD, and production coordinator for independent short films.

NOTES

In 2025, Lauren worked extensively on Adelaide-made feature *It's All Going Very Well No Problems at All*, as Tilda Cobham-Hervey's stand-in, personal assistant, and as a production assistant.

In 2024, as lead actor-producer, Lauren was a Top 5 National Finalist for the AACTA-Sony Pitch: Focus competition for short film *Empty Chairs*.