



Location: Sydney, AUS  
 Hair: Dark Blond  
 Hight: 167cm  
 Age Range: 25-38  
 Skin: Caucasian

# RACHAEL COOK

## CONTACT

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🌐 [Youtube Channel](#)

## PROFESSIONAL BIO

Formally trained, Rachael Cook has played roles from classic Australian plays to Shakespeare, working in local theatre productions to small intimate dinner venues, as well as dozens of short films, some written and directed by herself. Rachael is diverse performer and writer and has worked with the likes of John Jarret and Casey Chambers. Her most notable credit was performing in and producing *Two Rooms and Time Stands Still* in Vancouver Canada. Before moving to Vancouver Rachael had the pleasure of working on the Australian satirical consumer affairs series *The Checkout*. After completing a Bachelor of Teaching, Bachelor of Arts Rachael continued her acting training in Canada, where she was mentored by Nadine Write the director of ACT2 an intensive acting technique derived from Stanislavski method. Once moving back to Sydney only two years ago she continued training with Chum Ehelepola and Socratis Otto in developing her audition technique at Sydney Actors Collective. Rachael is interested in working on stage as well as film and tv, she is actively writing and available for booking.

## Experience

### 2021

- Leigh Pickford Casting Workshop
- Sydney Actors Collective (Advanced Audition Technique)-Continuous
- Sydney Actors Collective intensive invite only workshop
- What About Sal, Featured Extra, John Jarret (film)

### 2020

- Sydney Actors Collective (Advanced Audition Technique)-Continuous
- Stage Milk (online acting class)

### 2019

- Sydney Actors Collective (Education)
- Actors Pulse Meisner Technique (Education)
- YouTube Famous; Season 4, Not So Famous Productions: Speaking Role as Event Organiser
- Galileo by Bertolt Brecht moved workshop, RPW & Stories About Humans: Virginia
- TVC for Take Two Marketing and Events
- Simulation Patient, University of Newcastle.
- Summer of The Seventeenth Doll (Theatre): Olive
- Watch Closer (Short film): Woman
- The Invisible Race (Short Film): Lead
- It's a Wonderful Life (Theatre): Violet, Bank Teller, Neighbour

### 2017

- Two Rooms (Theatre): Ellen

- Time Stands Still (Theatre): Sarah
- ACT2 -2 year Intensive scene study class, Vancouver (Education)
- Jeb Beach- Casting workshops, Vancouver (Education)
- Night Club (Short Film): Jessica
- Scene 1 (Short Film): Mother

### 2015

- The Checkout The Chasers Season 3 (TV): Checkout chick
- Asylum Directed by Adam Picstone at SAE (Short film): Sarah
- Editorial Lifestyle Photo Shoot (Photography): Mum
- Hair and Makeup model for Fille and Mo (Photography): Model
- A Life Unwanted (Short Film): Mrs Atkinson
- The System (Indi Feature)-Forensic photographer

## Skills

Manual car licence, ride push bike, ride skateboard, snowboard, ski, Tennis, soccer, cheerleading, dance: jazz, heels, cabaret, some ariel skills.

Gymnastics skills: Handstand, cartwheel, roundoff, trampoline tricks: Back hand spring, front hand spring, back somersault, front somersault, round off layout on tumble tramp.

Vocal range: Soprano, Alto

Accents: Australian, Standard American, Southern American, New York/Bronx, English