

Henry Kerr was born in Sydney. When he was 3 he moved to Cape Town, then when he was 10 he moved to Korea for 1 year, and then to Singapore for 3 years. During the GFC him and his family moved back to Sydney.

When he was 17 he moved out of home to a flat in Chinatown and supported himself as a session musician while completing a BFA at National Art School.

A few years later he was handing out his CV around the city and found a watch repair shop, the guy told him to bugger off, and as he was leaving he bumped into one of the directors at Ogilvy and was offered a job interview as a junior copywriter. Henry then went home and filmed a funny video CV and was hired before the interview took place.

He then went on to work for the Australian institute of management as a business development consultant for almost three years during this time Henry became a Competitive submission grappler He won gold in the IBJJF summer cup 2019 in the middleweight division at Sydney uni. and after setting himself up financially he decided to pursue acting full time.