

JOHN MICHAEL NARRRES

ACTOR (MEAA 2013023) - FREELANCE

PERSONAL:

E: jm.narres@gmail.com

HEIGHT: 183cm

PH: 0430 153 607

EYES: Dark Brown

CITY: Sydney, NSW

HAIR: Dark Brown/ Shaved

Training:

Advanced Diploma in Acting: Actors College of Theatre & Television (1998-2000)

Actors Workout Studio Los Angeles (Meisner): Fran Montano (2023)

Private Screen Acting Coaching: Jo Briant (2023)

Casting & Self Taping Workshop: Jo Briant, Hub Studios (2022)

Private Acting Coach & Mentorship: Marcus Graham (2022)

Ivana Chubbuck Technique: Anthony Brandon Wong Masterclasses (2014 - 2015)

Actors Lab Intensive: Bell Shakespeare, Sean O'Shea (2013)

Skills:

Theatre, Film, Television & Commercial Actor

Ex-Professional Dancer & Choreographer (Ballroom, Jazz, Tap & Musical Theatre)

Baritone Singing Range: G3 to E4

Swordplay & Stage Combat (Intermediate)

Awards:

2023 Canberra Area Theatre (CAT) Award, Best Choreography: Strictly Ballroom, Wollongong Entertainment Centre

2022 Canberra Area Theatre (CAT) Award, Best Supporting Actor: Bernadette, Priscilla The Musical

STAGE HIGHLIGHTS:

Various	The Laramie Project	New Theatre, Dir. Mark Nagle	New Theatre, Newtown
Paul	Joy	Sydney Fringe Queer Hub, Dir. Sudip Limbu	Qtopia, Darlinghurst
Prospero	The Tempest	Living Shakespeare (<i>Regional State Tour</i>), Dir. Paul Kinninmonth	NSW Regional Touring
Kevin J / Ali	Come From Away	So Popera Productions, Dir. Amy Copeland	IPAC, Wollongong
Mr Devlin / Chekhov	Toy Symphony	Ad Astra (<i>Co-Interstate Production</i>) Dir. Michelle Carey	Qtopia Sydney
Rudolph / Jack Frost	Carol Claus	Em's Entertainment (<i>Pro Children's Theatre</i>), Dir. Emma Louise	NSW Touring
Bottom	A Midsummer Night's Dream	Merrigong Theatre Company (<i>Mainstage</i>), Dir. Leland Kean	Botanical Gardens, Wollongong
Dr Wilcox	Cate Fucking Blanchett	Frantic Muse (<i>Sydney Fringe</i>), Dir: Karolina Ristevski	Flight Path Theatre, Marrickville
Raymond	Catherine At Avignon	Subtlenuance, Dir: Paul Gilchrist	Meraki Arts Bar, Darlinghurst
Constable Hicks	Come Again (<i>By Alex Tutton</i>)	Purple Tape Productions (<i>Tape Over Festival</i>), Dir: Lu Bradshaw	KXT Theatre, Broadway
Ian	How To Win A Plebiscite (And Tennis)	NIDA Festival of Emerging Artists, Dir: Ryan Whitworth-Jones	NIDA, Sydney
Bernadette	Priscilla Queen Of The Desert	So Popera Productions, Dir: Amy Copeland	IPAC, Wollongong
Various	The Laramie Project & The Laramie Project: 10 Years Later (<i>Double Bill</i>)	Theatre Travels, Dir: Carly Fisher & Rosie Niven	Seymour Centre, Sydney
Jack	Fucking Men	New Theatre (<i>Mardi Gras</i>), Dir: Mark Nagle	New Theatre, Newtown
B	5 Guys Chillin'	New Theatre (<i>Queer Fringe</i>), Dir: Patrick Howard	New Theatre, Newtown
John Reid	After The Dance	New Theatre, Dir: Giles Gartrell-Mills	New Theatre, Newtown
Antonio / Launcelot	The Merchant Of Venice	Emu Heights Theatre Company, Dir: Ian Zammit	Q Theatre, Penrith
Kurt / Solomon	Pinball (<i>Revival Production</i>)	Duck Duck Goose (<i>Mardi Gras</i>), Dir: Sarah Vickery	Tap Gallery, Sydney
Katarin	The Taming Of The Shrew: A Gender Reversal Experiment	Shakespeare By The River, Dir: Winsome Barker	Nepean River, Penrith
Chorus	Oedipus Schmoedipus	Belvoir Street Theatre, Dir: Zoe Coombs-Marr	Belvoir St Theatre
Rev. John Hale	The Crucible	Emu Heights Theatre Company, Dir: Ian Zammit	Q Theatre, Penrith
Benedick	Much Ado About Nothing	Sydney Shakespeare Festival, Dir: Julie Baz	Bicentennial Park, Glebe
Touchstone	As You Like It	Sydney Shakespeare Festival, Dir: Julie Baz	Bicentennial Park, Glebe
Claudius	Hamlet	Emu Heights Theatre Company, Dir: Ian Zammit	Q Theatre, Penrith
David	Room (<i>By Pete Malicki</i>)	Blender Productions (<i>Sydney Fringe</i>), Dir: Alison Albany	Forum Theatre, Leichardt
The Player	Rosencrantz & Guildenstern Are Dead	Riverside Ensemble, Dir. Leigh Ladd	Riverside Theatres, Parramatta

FILM

Anthony (Lead)	54 Days (Feature)	54 Days Productions (Independent), Dir: Tim Lea
Tortured Father (Featured)	Yesterday's Girl (Feature)	Boxcutter Productions (Independent), Dir: Mike Garrick
Uncle Zach (Supporting)	Forget Me Not (Feature)	Showkhan Pictures (Independent), Dir: Seewoo Kim
Zombie (Stunt)	Wyrnwood: Road Of The Dead (Feature)	Guerrilla Films (Independent), Dir: Kiah Roache-Turner

TELEVISION

Lobo (Featured, Non Speaking)	The Invisibles, S2 (1 Episode)	Beyond Productions, Dir: Dave Wallace
Zombie (Featured, Non-Speaking)	Wyrnwood: Chronicles Of The Dead Teaser	Guerilla Productions, Dir: Kiah Roache-Turner
Dad (Supporting, Speaking)	Star Wars At Home (8 Part Narrative)	Milk Money Productions (Disney Channel), Dir: Katie Hides
John Schlosser / Sgt Charlie / Officer	Deadly Women S7 & S8 (3 Episodes)	Beyond Productions (CI Channel), Dir: Jane Manning
Detective Feldis (Featured)	Dark Minds S2 (1 Episode)	Beyond Productions (CI Channel), Dir: John Mavety

REVIEWS:

"John Michael Narres...vibrates with emotional intensity, the pulp that's left of his heart thudding restlessly on the stage" – Kate Prendergast, **Joy**

"John Michael Narres addas a layer of warmth and humanity" – thescoop.au, **The Laramie Project** (2025)

“John Michael Narres captivated the audience with his portrayal of many of the hardest characters in the show...he had to find other ways of telling his story in more nuanced ways. Narres executed them all with ease and precision...” – Fourth Wall, **Come From Away**

“John Michael Narres once again shows he’s a pioneer in playing utterly disconcerting, shiver-down-your-spine characters” – PS Stagedoor, **Toy Symphony**

“In the last third of the piece we get something much darker and confronting with John Michael Narres giving a terrific performance of both vulnerability and frightening volatility” – Theatre Red, **The One (2023)**

“John Michael Narres in a hilarious bit part as Dr Wilcox was also a real highlight of an already incredible cast. His fast-paced energy and frantic charm was the perfect contrast to Nina’s trepidation” – 4th Wall, **Cate Fucking Blanchett (2023)**

“The tone is beautifully captured by the deliberately out of place appearances of the IVF doctor, the brilliant John Michael Narres. He has a firm grip on the crazy and speaks to (not at) those watching” – Chuck Moore Reviews About, **Cate Fucking Blanchett (2023)**

“For the not quite sterling silver Raymond of Capula, Catherine’s confessor, John Michael Narres inhabits his role convincingly, played with a beguiling ingenuousness” – Sydney South Herald, **Catherine At Avignon (2023)**

“Jones often plays against John Michael Narres as Raymond. These two performers have a wonderful rapport from their first scene. Narres does a great job of balancing the comedy and earnestness required from the character and shines in the closing moments of the play” – 4th Wall, **Catherine At Avignon (2023)**

“Come Again is a masterwork in raw, palpable tension...Narres’ portrayal of a constable for the NSW police is sublime, teetering on a knife’s edge of the ambivalent officer just doing his job and a brutal inquisitor” – PS Stagedoor, **Come Again (2023)**

“John Michael Narres in particular, added unique weight and physicality to his characters, carving their words into actual people who were standing on stage and telling their story” – Nightwrites Sydney, **The Laramie Project (2018)**

“Performing a very extensive range of roles is a remarkably cohesive ensemble, including John Michael (Narres) who leaves a strong impression with his varied and often flamboyant approaches to his respective catalogues of personalities” – Suzy Goes See, **The Laramie Project (2018)**

“John Michael Narres really shone as *Jack* and I found his performance confident, touching and truthful” – Australian Stage, **Fucking Men (2018)**

“John Michael as Zach was suitably brusque and demanding in the role...one of the show’s highlights was the scene between him and Cassie where their prior romance is revealed” – Illawarra Stage, **A Chorus Line (2018)**

“John Michael plays the revolting B, fearless and memorable in his portrayal of a man with no redeeming features. These are difficult personalities to make convincing, but we believe every disgusting word that comes out of Narres’ mouth – Suzy Goes See, **5 Guys Chillin’ (2017)**

“Their dark, ursine like friend John , perhaps in love with Joan, was given a fine performance by John Michael Narres who gives a touching performance as their seemingly parasitic friend, conveying many layered one-liners with great aplomb yet simultaneously revealing a deep sense of morality” – Sydney Arts Guide, **After The Dance (2017)**

“John Michael Narres as Roger Debris stole the show. Putting the audience in hysterics with every line, smile, costume change and facial expression, he delivered his iconic lines with brilliant comedic timing and flamboyant flare, showing off perfect musical-comedy talent” – Illawarra Stage, **The Producers (2016)**

“The real multitasking challenge is up to John Michael Narres who provides a fascinating performance as a collective misogyny that hops into different accents, speech styles, physical incarnations and multifarious influences that come together to form one mighty blanketing voice, perverse in its determination and frighteningly, unanimously supported by society. His is a fabulous piece of work” – Lisa Thatcher, **Pinball (2014)**

“John Michael’s transformations are consistently skilful and convincing. One minute he is dignified, solemn and anxious as Antonio and minutes later he shines in superb comic timing as the frenetic clown Launcelot Gobbo, servant to Shylock” – West Sydney Front, **The Merchant Of Venice (2014)**

“Also of note was John Michael Narres in the role of Mitch, Blanche’s love interest. Narres gave Mitch the much-needed quality of ‘big and loveable.’ He dealt well with the changes required of Mitch and solicited a genuine connection to the text.” – Dinner And A Show, **A Streetcar Named Desire (2013)**

“John Michael’s performance as Benedick is worth the cost of the admission price alone. His idiosyncratic and larger than life flamboyance is paired sublimely with his knowledge of the spoken Shakespeare word and while he forms a lasso with a rope of wit that captures us all, it never tightens to become a noose around his own neck. His is a work of genius” – Daily Crikey, **Much Ado About Nothing (2013)**

“John Michael Narres was indeed the standout performer, playing Petruchio. He was quick, his delivery was fantastic, and he was completely in character in all facets of his performance” – Stage Whispers, **The Taming Of The Shrew (2012)**