



Astrid Armstrong

3 Brendan Court Highton VIC 3216

Date of birth | 30 September 2007

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PERFORMANCES

Television

Stashamo High | dir Jackson Ezard | Moore Acting Instinct
Freyja the Ginger Ninja | Jan 2023 | Pilot episode (contracted to do 8 more episodes)

Theatre

Parallax Performing Arts School

Snow White & the Seven Dwarfs | Dec 2022 | *Snow White*

Cinderella | Dec 2022 | *The Fairy Godmother*

The Little Mermaid | Dec 2021 | *Ursula/Octavia*

Sleeping Beauty | April 2021 | *Maleficent/Maligna*

The Jungle Book | Dec 2019 | *Arkela*

Aladdin | Dec 2018 *The Genie*

TRAINING

Screen Acting

Screen Actors Australia | 2018 to present | including 2022 and 2023 Hollywood Intensive | Stella Adler Studio | Los Angeles

Performing Arts

The Geelong College 2023-2025 Performing Arts Scholarship

Parallax Performing Arts School | June 2016 to Dec 2022 | Dance | Acting | Singing

(Regular performance opportunities including | quarterly music soirees | dance concerts | annual pantomime performances | corporate shows)

CircArts Circus School | 2010 to 2016 | acrobatics | floor work | aerials

Vocal Coaching

Kim Cooper Studio of Voice | Kim Cooper | January 2022 to present

Stellar Perry | January 2021 to Dec 2021

Parallax Performing Arts | June 2016 - Dec 2022

WORKSHOPS

Screen

NIDA Open Course | Dec 2022 | Screen Acting Boot Camp | NIDA Southbank
Chameleon Casting with Rosie Traynor | March 2022 | Screen Actors Australia
Highway Casting with Sarah Alekna | August 2021 | Screen Actors Australia
Chameleon Casting with Rosie Traynor | March 2021 | Screen Actors Australia
Screen Actors School Holiday Workshop | Jan 2021 | Screen Actors Australia
NIDA Open Course | Dec 2020 | Stage & Screen | NIDA Southbank
Chameleon Casting with Rosie Traynor | Dec 2020 | Screen Actors Australia

Music

Melbourne Blues Appreciation Society Women in Blues | March 2021 | 4 week workshop | showcase performance Mr Boogieman
Melbourne Blues Appreciation Society Youth In Blues | June 2019 6 week workshop | showcase performance Flemington
Bellarine Blues Boot Camp April 2019 | showcase performance Bellarine Performing Arts Centre at the Potato Shed, Drysdale

Dance

Kyla Bartholomeusz | May 2020 | Parallax Performing Arts School
Maddie & MacKenzie Ziegler | Jan 2017 | Melbourne Town Hall

Musical Theatre

Tim Maddren | Aug 2019 | Parallax Performing Arts School
Queenie Van De Zandt | Mar 2019 Musical Theatre Bootcamp | Parallax Performing Arts School

WORK

Screen Actors Australia (Geelong) May - July 2021 | Script breakdown work with Junior screen acting class

SKILLS AND INTEREST

Singing | Fashion and Makeup | Writing (including song writing | Swimming | Livesaving