

JESSICA STANLEY

Actor | Voice Artist | Playwright | Intimacy Coordinator | Marriage Celebrant | Co-Artistic Director of [Spinning Plates Co.](#)
She/Her | **Base:** Melbourne/Naarm | **M:** 0413 211 424 | **E:** stanley_jessica@hotmail.com | **W:** www.jessicastanleyactor.com

AWARDS & NOMINATIONS

Art Unbound Award	JSMR	Melbourne Fringe Festival 2021	2021
Best Actor	Jafar	Howard Fine Online Performance Project	2021
Best Performance (Nominee)	Ménage	Melbourne Fringe Festival	2016
Outstanding Year Level Performer	August: Osage County	Monash University	2011
Victorian Premier's Award	Drama	Victorian Government	2009
Jennifer Francis Drama Prize	Drama	Strathcona Baptist Girls Grammar School	2008

TELEVISION & FEATURE FILM

Ancestry Road	Anadele McGavin	Dark Epic Films	Dir: Glenn Triggs	2025
The Doctor Blake Mysteries	Amy Kingham	January Productions	Dir: Fiona Banks	2016
Glitch	Hospital Nurse	Matchbox Pictures	Dir: Emma Freeman	2014
La Souffrance	Danielle	C & C International	Dir: Laurent Boulanger	2014

SHORT FILM & WEBSERIES

Powder Milk & Ice Cream (Pre-Prod.)	Margaret	Jewell House Films	Dir: Brian Jewell	2025
Woman in the Dark	Tracy	Carrot Productions	Dir: Marc Verna	2025
Firelight	Annie	Barky Blue Productions	Dir: Catherine Nickson	2023
JSMR	Jay	Spinning Plates Co.	Dir: Jessica Stanley	2021
Jafar	Jess	Spinning Plates Co.	Dir: Jessica Stanley	2020
Laundry	Lead	Spinning Plates Co.	Dir: Jessica Stanley	2020
I am Julius	Jenny	Studio Sonder	Dir: Tasha Sanders	2018
Lady & the Traffic Light	Lead	VCA	Dir: Panfred Reed	2017
Funny Bone	Claire	People Pleaser	Dir: Laura D'Augello	2015

THEATRE

Medea	Medea	Complete Works Theatre	Dir: Andrew Blackman	2025
Oedipus	Jocasta	Complete Works Theatre	Dir: Andrew Blackman	2025
Rhinoceros	Daisy	Spinning Plates Co.	Dir: Cassandra Fumi	2024
The Crocodile	Anya	Spinning Plates Co.	Dir: Cassandra Fumi	2023
The Women of Troy	Cassandra/Helen	Complete Works Theatre	Dir: Carolyn Bock	2023
Shut Up I'm a Vampire	Sophie	Spinning Plates Co.	Dir: Bronte Charlotte	2022
JSMR	JSMR	Spinning Plates Co.	Dir: Sarah Clarke	2022
The Crucible	Abigail Williams	Complete Works Theatre Co.	Dir: Andrew Blackman	2019-2022
Extinction	Dr Piper Ross	Complete Works Theatre	Dir: Andrew Blackman	2019-2022
Much Ado About Nothing	Hero	Complete Works Theatre Co.	Dir: Andrew Blackman	2020-2021
Quite Drunk, Very Jesus-y	Beth	North of Eight & Key Conspirators	Dir: Peter Blackburn	2019
You Are The Blood	Shelby Boden	Spinning Plates Co.	Dir: Peter Blackburn	2019
Strata, Inc.	Lysa Strata	North of Eight	Dir: Faran Martin	2018
Ross & Rachel	Lead	Theatre Works	Dir: Faran Martin	2018
Navy Pier	Iris	North of Eight	Dir: Phoebe Taylor	2017
Ménage	Sarah	Ryan Goods Presents	Dir: Ainsley Kerr	2016
It's Alright, Sid it's Alright	Lead	La Mama	Dir: Robert Reid	2013
Where in the World is Frank Sparrow?	Ensemble	Monash University	Dir: Leticia Caceres	2012
The Pillowman	Mother	Monash University	Dir: Suzanne Stevens	2011

COMMERCIALS

HomeBuyers Centre	Dir: Matthew McCaughey	2023	Sportsbet	Dir: Steve Saussey	2023
Riverview Farms	Dir: David Rittey	2020	News Corp	Dir: Germain McMicking	2017
Fountain Sauces	Dir: Jay Hynes	2019	AAMI Health	Dir: Owen Trevor	2017
Amazon Australia	Dir: Paul Middleditch	2018	Bendigo Bank	Dir: Travis Crosbie	2016
The Good Guys	Dir: Tim Murray	2017-	SunSmart	Dir: Edwin McGill	2014
National Tertiary Education Union	Dir: Danielle Karalus	2017	CyberSmart	Dir: Chris Benz	2012

TRAINING (Highlights only)

Howard Fine Acting Studio	Full Time Course (2015); Various Master Classes	2014-2020
16th Street	Match Fit w/Iain Sinclair; British Scene Study w/Gary Abrahams; Various Classes	2014-2023
Monash University	Bachelor of Performing Arts	2010-2012
Key Intimate Scenes	Intimacy Coordination Qualified Training	2024-2025

SPECIAL SKILLS

Languages: French (Int.), Italian (Beg.)

Accents: Gen. American (Adv.), New York (Int.), Southern US (Int.),
British RP (Int.), Southern Irish (Adv.), Northern Irish (Int.),
Scottish (Beg.), French (Int.)

Singing: Mezzo-Soprano (Int.)

Instruments: Drums (Beg.)

Sports: Pole Dancing (Int.), Archery (Int.), Netball (Int.),
Pilates (Int.), Jazz Dance (Beg.), Yoga (Beg.)