Born 1989 in khartoum, Sudan, Helen Hailu is the youngest of six children. With a bubbly and vibrant personality it was only natural for Helen to be an actress and a model. Helen comes from a single parent household, meaning that being independent and striving for her dream was a part of her daily routine.

Helen quickly discovered her love for acting at the early age of 16, in high school while shooting a short film for her drama class.

Once she finished her secondary education, she went on to further her new found love for the arts, she attended a three hours free acting class at Acting Classes in Perth. This reignited her passion for acting once again.

Since then, she has graduated from New Face Talent Academy in Perth and went on to do modelling campaigns, short films and featured extra roles such as home buyers, Turkish delight, Wicked Fury, A Few Less Man, Forever Modelling College Campaign, High Fashion, Glamour, Medieval and Vintage campaign, Typology Portraiture and Ball themed photo campaign.

Helen got accepted in to Film & Television Studio international to study acting for television and film, which lead her to moving over to Melbourne.

Since moving to Melbourne, she has been casted as a featured extra in channel 10 award winning show Neighbors. Shortly after that, The Wrong Girl also chancel 10, The Leftovers HBO, Oliva Newton John biopic and her most recent work as supporting role in a comedy sketch written by one of Perth's most talented comedian Joe White in his sell out show "Ethiopian and Still Not Hunger".