

DAI MORET

Poet | Performer | Model | Actress

Date of Birth: 5th May 1982

Nationality: Brazilian / Australian Citizen

Languages: English, Portuguese

Address: 105 Underwood Street, Paddington NSW

Email: dai.moret@gmail.com | ☎ 0406 498 020

Instagram: @dai.moret

Representation: Model by Silverfox Management



Profile

Dai Moret is a Brazilian-born actress, model and performance poet whose practice is grounded in theatre, psychology and movement. She has studied theatre for over 14 years in Brazil and Australia, and has spent the past 7 years performing as a poet and spoken word artist.

Her performances are marked by emotional authenticity, rhythm and physical storytelling - shaped by her background in psychology and her passion for theatre. Dai has appeared at major festivals including Sydney Writers' Festival, Vivid Sydney, International Women's Jazz Festival, earning recognition as a two-time Bankstown Grand Slam Champion. Her artistic range spans from stage to live music performances.

Theatre, Film & Television

Predileção — Dir. Márcio Garcia, Brazil (2008)

Absence — Grace, Sydney (2011)

Underbelly: Badness — Sydney (2012)

Theatre & Live Performance

Yerma — Lead (Yerma), Brazil (2000)

Car Cemetery — Lead (Liz), Brazil (2001)

Sex — Lead (Vadinha), Brazil (1999)

The Fear Mask — Lead (Anne Frank), Brazil (2003)

Hamlet — Horatio, Brazil (2004)

Love Me Forever or Never — Lead (Clara, 2009)

It's Impossible to Love and Be Happy — Lead (Vanda, 2009)

The Man Who Knew Javanese — Cleonice (2010)

Flavia — NIDA Student Production, Sydney

Paula — Darlinghurst Theatre / Darlo Drama, Sydney

Poetry & Spoken Word

Two-time Bankstown Grand Slam Champion (2018, 2022).

Resident Poet – Ally Latin Jazz Band.

Host & Poet – Sultry Solstice Erotic Poetry Event.

Featured Performer – Sydney Writers' Festival, Vivid Sydney, Story Week, Melbourne Spoken Word Festival, International Women's Jazz Festival, Boom Percussion Festival, Mudge Readers Festival, Poetic City - Canberra & more.

Published in Australia, Brazil, Portugal, Cordite, Belonging Mag, Alphabet of Women Anthology and Epistolária.

Additional Projects

Founder & Host: Sultry Solstice — an erotic poetry event celebrating diversity and intimacy in performance.

Resident Poet & Recording Artist: Ally Latin Jazz Band — featured poet on the album Drum Junk 2023

Poet & MC: Word Travels / Australian Poetry Slam.

Performer: Tabula Rasa Collective — multidisciplinary ensemble.

Model (2024): Featured in Mitsubishi Stills campaign.

Training & Education

Bachelor of Psychology — Brazil

Theatre Training: 15+ years in Brazil and Australia

Short Courses: NIDA, Actors Centre Australia, Improv School Sydney

Movement: Contemporary Dance, Yoga

Additional Information

Accents: Brazilian

Special Skills: Improvisation, MC, Poetry Performance, Public Speaking, Fire Twirling

Height: 1.70

Build: Slim, athletic

Hair/Eye Colour: Brown

Passport: Australian / Brazilian