



Tameka Sowman.

Height 170 cm

Actor Biography

JOHNSON&LAIRD

Feature Film.

2016	Pork Pie	Constable Jane	Blondini Enterprises Ltd Dir. Matt Murphy
2011	Scars	Support Group	41 South Dir. Mathew Christophers

Short Film.

2015	Auckland Stories - Auckland War Memorial Museum	Vic	Exit Films
2014	Actually Alex	Charlotte	Lolly Jar Films Dir. Ness Simons
2014	Heartbeat		Liam Bachler Films Dir. Liam Bachler
2013	Second Chance	Chelsea	Dir. Anna Robinson
2013	Vicarious	Vic	The Brown Stove Dir. Craig Pearce
2013	Mr Cutter	Woman	Dir. Andrew Schnetler
2013	Last Dance	Bride	Natcol Dir. Gemma Kingi
2013	Trapped	Leone	Natcol Dir. Ben Hewett-Long
2013	Human	Alien	Natcol Dir. Jesse-Lee Morrison



Short continued...

2011	They Call Him Kincaid	Queenie	Dir. Gaylene Preston
2011	Fruit Punch	Bobbi	The Brown Stove Dir. Craig Pearce
2011	Safe House	Woman	Dir. Sarah Roberts
2011	What the...	Best Friend	Dir. Mathew Christophers
2010	Risk	Bar Girl	NZFS Dir. Dylan Jauslin
2010	Go On Then, Play It!	Pianist	NZFS Dir. Kathleen Collins
2010	Hear Me	Deaf Girl	NZFS Dir. Josh Kamau

Television.

2016	Pot Luck	Zoe (Web Series)	Dir. Ness Simons
2014	Online E-Learning Course		Heart Foundation Dir. Matt Leggett
2013	Girls vs Boys	Girl	KHF Media
2012	Prescribed (Pilot)	Madison	Ax Trivia Dir. Daniel Pengelly
2012	Rounds (Pilot)	Anna	Gibson Group Dir. Jason Suttor

Theatre.

2016	Blood Drunk	Niuean Woman	Dir. Jahra Wasasala
2015	Fale Sa		Raw Development, Auckland Arts Festival Dir. Nathaniel Lees

Theatre continued...

2014	Matanui Theatre		Dir. Bryan Divers
2013	Back to the Land of OZ	Dorothy	Dir. George Harach
2013	Masi (Sydney Festival)	Lead Object Animator	The Conch Dir. Nina Nawalowalo
2013	Masi (NZI Arts Festival)	Object Animator	The Conch Dir. Nina Nawalowalo
2013	South Seas Picnic Lawn	Masked Host	Bent Designs
2012	Skellig	Mina (Lead)	Dir. Tabitha Arthur
2012	Welcome to Thebes	Eurydice (Lead)	Dir. Annie Ruth
2012	Can You Be More Pacific Please?	GO SOLO	Dir. Sophie Roberts
2011	The Roaring Girl	Becky/Yeoman/Mol (Fill)	Dir. Rachel Henry

Training.

Fiona Samuels Masterclass - 2015

NZ Equity Casting Hot House - 2015

Sara Wiseman Workshop - 2015, The Actors' Program

USA Accent and Screen Audition Technique Workshop - 2014, Terri De'Ath

Sword Fighting and Combat for Stage and Screen Workshop - 2013, Allan Henry, Jamie Smith

Acting Graduate - 2012, Toi Whakaari: New Zealand Drama School

Skills.

Sport - Horse Riding

Visual/Voice Commercial Credits.

Please contact J&L for more information.