

Cath Young

Biography 2024

Cath began her acting journey with PACT theatre and continued her training at Theatre Nepean, graduating in 1994. Since then Cath has worked with a number of Co-op companies as an actor, writer and director. She has also worked in the education sector teaching Drama and studied screenwriting at AFTRS. Cath has recently renewed her acting studies at Sydney Theatre School and enjoyed a return to Theatre in 2023 in the New Theatre's production of "A Very Expensive Poison" directed by Margaret Thanos. Cath is excited to continue her acting journey.