

Lauren Jones

TKO Management

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LOCATION: Adelaide, Australia

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MOB: 0416 262 631

HEIGHT: 167cm

CHEST: 78cm **WAIST:** 65cm

HIPS: 96cm **SHOES:** 8



FEATURE FILM

2025	<i>It's All Going Very Well No Problems at All</i>	Woman with Baby (Bit)	Tilda Cobham-Hervey
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SHORT FILM

2024	<i>Welfare</i>	Welfare Officer (Lead)	Lachlan Berry
2024	<i>Empty Chairs: Ellie Finds a Partner</i>	Ellie (Lead)	Kristoffer Lucia
2024	<i>Eden</i>	Eden (Lead)	Jade Haesy
2024	<i>Chokeberries</i>	Flick (Supporting)	Kristoffer Lucia
2024	<i>I Named My Dildo Humphrey Bogart</i>	Olivia (Supporting)	Angus Rawson
2023	<i>Best Friends Forever...</i>	Rianna (Lead)	Kristoffer Lucia
2023	<i>Mission Operation Protocol: Lovers' Quarrel II</i>	Chloe (Supporting)	Kristoffer Lucia
2023	<i>Edward Has a Tree Inside Him</i>	Nurse (Supporting)	Kristoffer Lucia

VOICEOVER

2025	<i>Minda Brand Film</i>	Social media & website	Fuller
2024	<i>Statesman Homes – Inspired Living Collection</i>	Radio	Martins Brand House
2024	<i>RAA Roadside Assist – Wedding Wipeout</i>	Radio	KWPX

THEATRE

2025	<i>The Mallee Ward</i> (Development)	Amber (Lead)	Tiffany Lyndall-Knight
2025	<i>The Last of the Rainbow</i> (Reading)	Diane/Karl (Supporting)	Chris Drummond
2025	<i>Matthew Flinders: Fearless in Life, Love, and Tragedy</i>	Narrator (Lead)	Flinders University & History Trust SA
2025	<i>Club Rotpunkt 1</i>	Woman (Supporting)	Rotpunkt
2023	<i>My Brilliant Career</i> (excerpts)	Sybylla (Lead)	Glenda Linscott
2023	<i>The Five Trials of the Queen's Stage</i>	Devisor & researcher	Christopher Hurrell
2022	<i>The Literati</i>	Amanda (Lead)	Hew Parham
2022	<i>Sweet Road</i>	Carla (Lead)	Christopher Hurrell

TRAINING

2024	Louise Heesom	Screen Acting Masterclass Workshop
2024	Lucy Gaffy	Working with Actors Workshop
2020-2023	Flinders University	Bachelor of Creative Arts (Drama) and BCA Honours First Class
2023	Emma Beech	Devising Workshop
2023	Emily Steel	Playwrighting Workshop
2021	Roz Hervey	Devising Workshop

SKILLS

Mezzo-soprano/singing (intermediate), piano (intermediate), ballet (adult beginner/RAD Grade 5), bartending.

In 2025, Lauren worked extensively on Adelaide-made feature *It's All Going Very Well No Problems at All*, as Tilda Cobham-Hervey's stand-in, personal assistant, and as a production assistant.

In 2024, as lead actor-producer, Lauren was a Top 5 National Finalist for the AACTA-Sony Pitch: Focus competition for short film Empty Chairs.

Lauren is a member of Adelaide-based theatre collective [Rotpunkt](#).