

I am best known for [The Lord of the Rings: The Two Towers](#) (2002), [The Lord of the Rings: The Return of the King](#) (2003), various roles in Hercules & Xena seasons, Lawless, Housebound, the title role in MacBeth & many more film, television & stage roles.

Prior to acting I was a commercial crayfisher who at the age of 22yrs, discovered the world of the performing arts & I became a professional dancer for 9 years in Australia and New Zealand. I was a member of companies including Impulse Dance Theatre, Limbs Dance Co., Black Grace Dance Co. & the Australian company Human Veins.

I have done a lot of theatre & physical theatre alongside my screen work & voice work.