

MICHAEL ALLEN

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Playing Age 45-58	Height 183 cm / 6'	Weight ~85 kg	Build Well-built	Hair Dark blond / light brown
Chest 108 cm	Waist 101 cm	Hips 103 cm	Shoe 10.5	Eyes Hazel

PROFILE

Screen and stage actor with a long professional history, beginning in voice-over at 16 before moving across television, film, theatre, opera, commercials and live performance. I bring a grounded, intelligent camera presence: calm under pressure, dryly observant, emotionally contained, and credible across professional, intellectual and working-class roles.

Highly capable improviser trained in Laban/Malmgren movement psychology and Dr Robert Marchand's Character-Based Improvisation, with a strong feel for text, rhythm, subtext, physical behaviour and screen stillness.

My recent performance CV is selective rather than dormant. Several years in academic research and higher education have sharpened my acting practice.

SELECTED SCREEN CREDITS

TELEVISION

Stateless — Episodes 4 & 6 — Stateless Productions — 2020

McLeod's Daughters — S3E3; S4E23; S6E4; S6E24; S8E16 — Southern Star / Channel 9 — 2003–2009

Crooked — TV series — Director: Matthew Holmes — 2010

FEATURE FILM

The Boys Are Back — Director: Scott Hicks — 2009

Last Ride — Director: Glendyn Ivin — 2009

The Marriage of Figaro — Heath — Director: Chris Moon — 2009

Opal Dream — Director: Peter Cattaneo — 2006

Maslin Beach — Director: Wayne Groom — 1997

COMMERCIAL / TRAINING / SHORT FORM

All Part of the Job — Campaign — SA Health — 2023

The Bend — TVC — The Bend Motorsport Park — 2019

Returning to Work — Training / campaign video — Back to Work SA — 2019

It's a Mitsi — TVC — 2016 Training / Campaign / Web Spring is no Picnic — SA Health
asthma campaign — 2017
Hairy Fairy — TVC — Motor Accident Commission — 2016
This Storm — Theatre / screen project — Ben Brooker — 2016
RAA — TVC — KOJO / KWP — 2015

VOICE-OVER

Professional radio commercial voice-over artist, 1990-1997 - Street Remley Studios, Best FX, Austereo. Additional commercial and voice-over work across early professional career.

THEATRE / LIVE PERFORMANCE

Death of a Salesman — Theatre — Bakehouse Theatre — 2001
Oedipus — Theatre — Bakehouse Theatre — 2001
I Was a Teenage Fascist — Theatre — Magpie Theatre Company — 1997
One Plus One — Theatre — Director: Geoff Crowhurst — 1996
Fawlty Tales — Theatre — Bearly Together Company — 1996-1999

THEATRE / APPLIED PERFORMANCE

Great Detectives of Old Time Radio — Theatre / live performance — Preachers Podcast
Productions — 2015
Losing Faith in Unicorns — Theatre / applied performance — Kids Against Humanity — 2017
Your Call — Theatre / applied performance — Acting Consulting Training — 2019
The Family — Theatre / applied performance — Acting Consulting Training — 2018

OPERA / MUSIC THEATRE PERFORMANCE

Così fan tutte — Opera performance — State Opera SA — 2000
Giulio Cesare — Opera performance — Opera Australia — 2000
The Mikado — Opera performance — State Opera SA — 1999
Madame Butterfly — Opera performance — Opera Australia — 1999

APPLIED PERFORMANCE / ACTOR TRAINING

Paediatric Mental Health Training Unit — Actor training and psychiatric patient simulation
support — 2015
Acting Consulting Training — Applied theatre, training and performance-based learning
contexts — 2018-2019

TRAINING

Acting

Adelaide Centre for the Performing Arts — Associate Diploma in Performing Arts, Acting —
1994

Methods

Laban / Malmgren Movement Psychology

Dr Robert Marchand — Character-Based Improvisation methodology

Academic

PhD in Anthropology — Performance, Media and Practice-Led Research

MPhil in Anthropology — Ethnodrama, Actor Training and Performance Research

SPECIAL SKILLS

Improvisation - high proficiency | Voice-over - professional experience | Movement psychology / character analysis | Screen, stage and live performance | Livestream / broadcast production | Motorbike riding - experienced, not licensed | Violin - school training | Lawn bowls - junior state level | Practical skills: construction, cabinetmaking, landscaping, stage technician experience

