

Christopher Burgess Bio

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Chris Burgess (he/they) is an arts program facilitator, theatre and yoga teacher and a cabaret artist. Having graduated from VCA Music Theatre with honours specialisation, Chris has been exploring the intersection of theatre and contemplative practice, by studying and working as a yoga teacher, a trainee Alexander Technique teacher, and devising arts programs. Recently, Chris performed at the Opera House in *Do You Hear the People Sing* (2022), nationally toured his award-winning cabaret *LENNOX* (2021, '22, '23), and has co-designed, facilitated, and completed 'Pollinate Ensembles' (2023), an intersectional arts series that combines theatre and contemplative practice.